



Tips and Tricks for Improving Your Child's Study Skills

Step 1: Where Is An Effective Study Area For Your Child?

- Where does your child study best?
- Do they prefer and function best with background noise or quiet while studying?
- How can you minimize distractions while studying?
- Does your child prefer to be alone or with company when working?

Step 2: When Does Your Child Study Best?

- Does your child do best coming home from school and doing their work right away? Or, does he/she need some time to play initially then time to study?
- Set study hours to be protected so that your child can finish their work, as well as do any reading or reviewing of upcoming information.
- Provide a snack and breaks as needed.

Step 3: Prepare The Work Area

- Pick a designated area with the appropriate work space and lighting.
- Organize the area by decreasing clutter and stocking with needed supplies including paper, computer, pencils/pens, erasers, school folders/binders/books, etc.

Step 4: What You Can Do?

- Create a study schedule with your child to encourage them to "own" their responsibilities versus simply being told what to do.
- Keep a calendar/agenda of work due and scheduled activities in order to plan accordingly.
- Help your child to manage his/her time by reviewing the work needed for each week and when it can be completed that week, as well as help him/her break down and plan for larger papers and projects.
- Check in frequently with your child to ensure he/she knows you are there to answer questions and/or work through frustrations.
- Protect the study time. If it needs to be changed, be sure to allocate another specific time to complete the work.
- Be realistic in your goals. For example, if a child has an activity until 8 pm, it may be hard to study for a test after the activity, given exhaustion and time for regular nightly activities.
- Get a tutor for areas that are more challenging to help your child review newly introduced work and complete their homework in this area.
- Do not do your child's homework for him/her.