



INSURANCE BENEFITS INFORMATION FORM

To verify your mental/behavioral health coverage, please call the customer service number on your insurance card to complete the following information before your first appointment.

Client's Name: _____

Client's Date of Birth: _____ Client's Soc. Sec. #: _____

Policy Holder's Name (if different from client): _____

Policy Holder's Date of Birth: _____ Policy Holder's Soc. Sec. #: _____

Name of Primary Insurance - Behavioral Health Insurance Plan: _____

***Note: this may be different from your physical health insurance plan**

Member ID#: _____ Group #: _____

Name of Secondary Behavioral Health Insurance Plan (if applicable): _____

Member ID#: _____ Group #: _____

Do I have mental/behavioral health coverage? ___yes ___no (If no, STOP....If yes, continue)

Name of Therapist: _____

Is this therapist in network? ___yes ___no (If YES, complete **In-Network Coverage** below)

If NO, New Directions will provide you with a superbill you can use to file for possible reimbursement.

In-Network Coverage:

What is my copay/coinsurance amount? \$ _____

Do I have a deductible? ___yes ___no If YES, what is my deductible amount? \$ _____

Services Covered:

Are the following services covered under my policy?

Individual Therapy (CPT Codes – 90834 & 90837) ___yes ___no & ___yes ___no

Family Therapy (CPT Code – 90846 & 90847) ___yes ___no & ___yes ___no

Pre-Marital Counseling, Couples & Marital Therapy (CPT Code – 90846 & 90847) ___yes ___no

o Diagnosis Code: Z63.0 (Relationship Distress with Spouse or Intimate Partner) ___yes ___no

Group Therapy (CPT Code – 90853) ___yes ___no

Psychological Testing (CPT Code – 96101) ___yes ___no

Authorization:

Is an authorization required? ___yes ___no

If YES, what is my authorization number? _____ # of sessions authorized: _____

Claim Information:

Claims address: _____
